

MICRODOSE

THE FILM

MICRODOSE delves into the controversial and taboo terrain of microdosing psychedelics while exploring the life of a young professor struggling with an opiate addiction and their identity, a government employee dealing with postpartum depression, an army vet dealing with trauma, a mother and her alcoholism, as well as seemingly well individuals whom are utilizing these tools for healing and transformation.

Weaving through expert interviews, cutting edge research, harrowing and ultimately inspiring stories that challenge our current medical model of healing, MICRODOSE simultaneously unveils the secret life, controversial research, and open marriage of Dr. James Fadiman, who is regarded as America's wisest and most respected authority on Microdosing Psychedelics.





HAVE YOU EVER MICRODOSED?

For decades psychedelics have lived in the backgrounds of minds, policy and societal acceptance at large. Today, psychedelics emerge from the fringes and enter the mainstream through successful ballot initiatives, the stock market and even Silicon Valley. But it's not profound visual, earth-shattering trips like the ones that inspired Steve Jobs to create the iPhone that are being hyped. It's Microdosing.

Microdosing involves regularly consuming a small, sub-perceptual amount of a psychedelic substance, such as psilocybin mushrooms or LSD. Contrary to popular belief, users do not experience hallucinations or sensory altering effects but results are stunning medical researchers.



MEET DANI

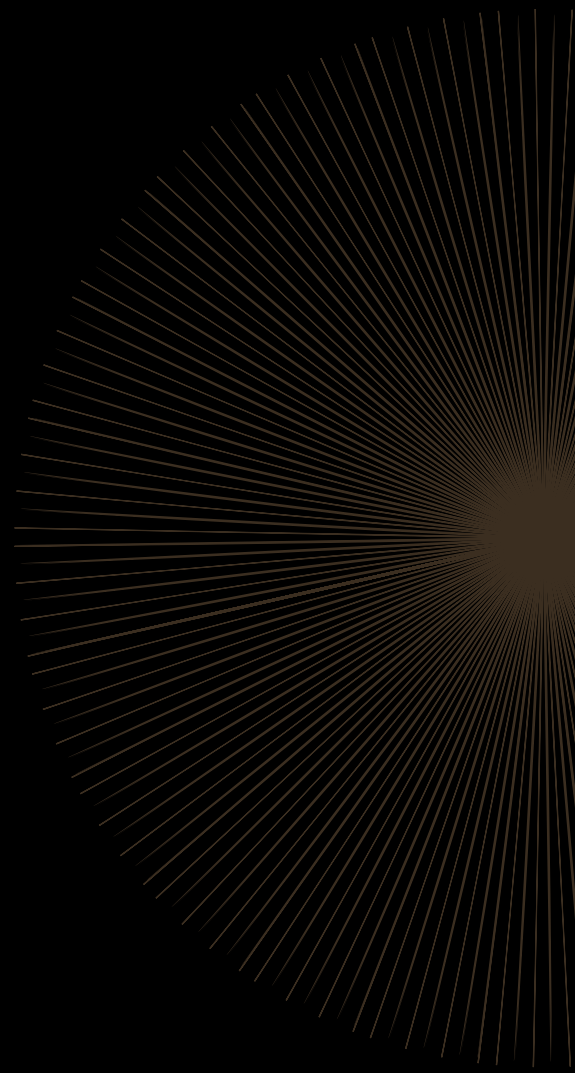
Dani, a professor in their mid thirties and therapist, struggles to teach a 3 hour class without taking a break to intravenously shoot her legally prescribed opiates into her veins. Dani's marriage is on the fritz as her life begins to succumb to her debilitating addiction, until she is introduced to Microdosing through an old friend on Facebook. A year later and after lot's of therapy combined with microdosing Dani is still sober and undergoes top surgery transitioning from a she to they. As more time passes Dani begins training at a top university to become a legally trained psychedelic assisted therapist while getting promoted at their university. Dani and her partner credit Microdosing to saving their relationship and most importantly Dani's life.

Throughout our filming process we've documented Dani's healing journey through microdosing, physical transformation from her to they, and their most recent journey as a Psychedelic assisted therapist.

MEET MELISSA

Melissa, a straight edge young mother of two and high level government employee, struggles with postpartum depression. Feeling isolated, she contemplates ending her own life. Desperate for help, she's willing to try anything, including the one thing that could end her career: psychedelics. After listening to a podcast with her husband, she reluctantly begins microdosing. Almost immediately, she feels like herself again and quickly her life and that of her family begins to heal as joy returns to their household. Inspired and surprised by the powerful healing effects of microdosing, Melissa and her husband utilize their political connections in D.C. to lead a Decriminalize Psychedelics- ballot initiative which passes with a 76% approval rating, the highest of any ballot initiative to ever pass in Washington, D.C.. Currently, they are leading the charge to legalize psychedelics.

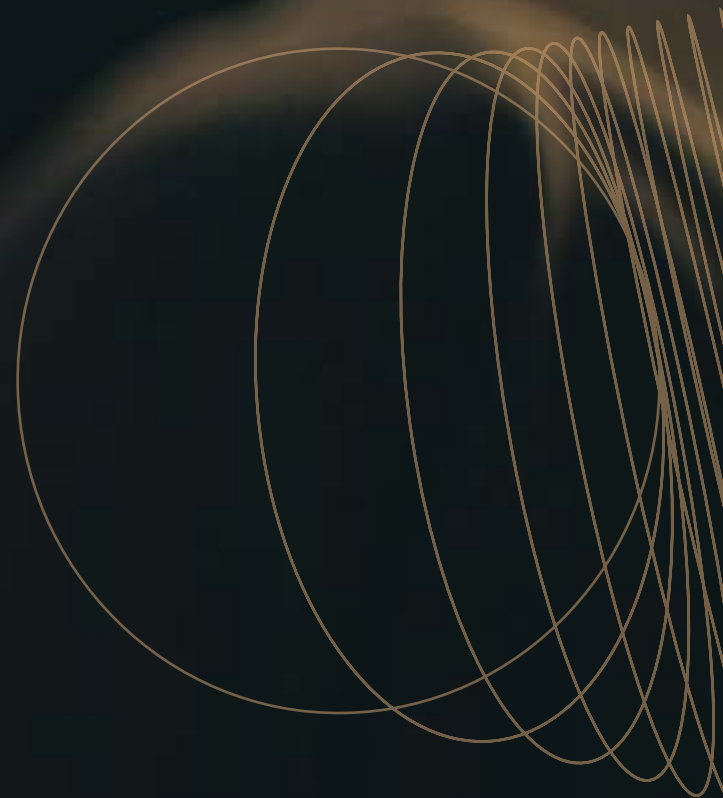
Throughout our filming process we've documented Melissa's healing journey with her family. We will be filming her upcoming political events.



MEET COLIN

Colin, an Army vet, struggles to deal with “normal life” after returning from Afghanistan. Addicted, homeless, and depressed, Colin attempts to take his own life. Recovering in the Los Angeles VA Hospital, Colin secretly documents the horrifying treatment and protocols until he is kicked out and forced to survive on his own. After losing custody of his son, Colin is desperate and eventually discovers psychedelics and other non-traditional methods of healing. Inspired by his own personal transformation using microdosing, he begins a Veterans group where he gives out free microdosing supplements he’s grown while practicing “guerilla wellness” to help heal his community. As it quickly grows in popularity and success, Colin falls in love, starts a new family, and begins the fight for his son, but this time it’s the psychedelics that saved his life that are preventing him from seeing his son.

Throughout our filming process we’ve documented Colin at home with his family growing psilocybin mushrooms, the Vet walk and talk groups, his personal healing journey, and his custody battle with his ex wife.



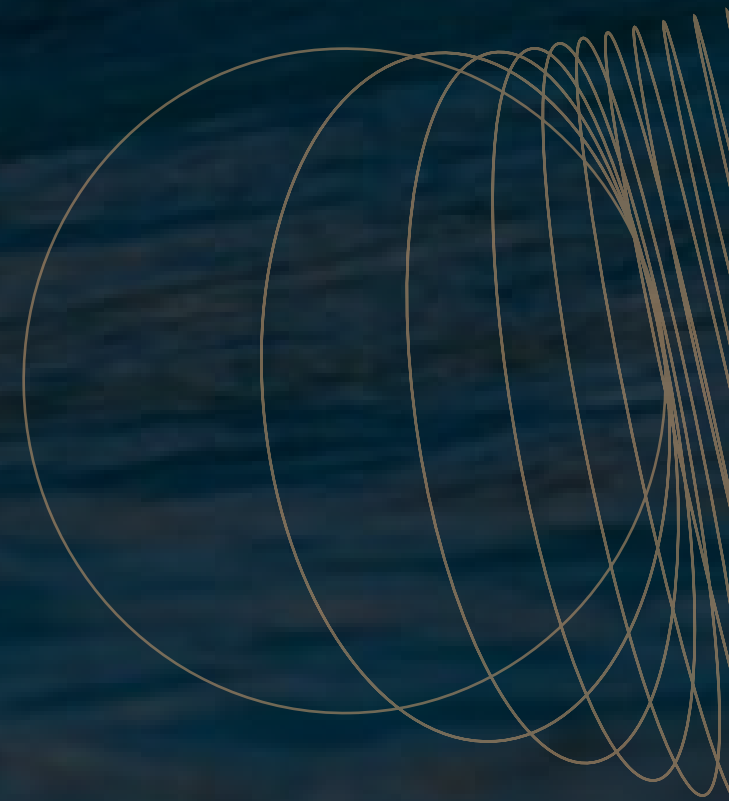


MEET MIKAELA

Mikaela is pregnant with her son and her alcoholism is raging and threatening to change the course of both of their lives. Desperate for a solution, she begins microdosing every single time she wants a drink. Taking it day by day, she microdoses on and off following Dr. Fadiman's protocol until eventually her son is born healthy and her life takes on a whole new meaning. Mikaela embarks on a journey to "mushroom mothering" a safe space and container for mothers who utilize microdosing as a vehicle of healing and transformation.

MEET JOSE

Jose Martinez, a former Army gunner whose right arm and both legs were blown off by a roadside bomb in Afghanistan, has a new calling: He's become one of the most effective lobbyists in a campaign to legalize the therapeutic use of psychedelic drugs across the country. Currently, Jose is a triple amputee who represents Team USA in the Paralympics for Surfing and utilizes microdosing to get through his daily life.





72
No Coffee Required
 Before co-founding Mud|Wtr in 2017, Shane Heath gave up coffee—and hustle culture along with it. He set out to create a burnout-free work environment at his DTC beverage brand, which makes a coffee alternative derived from masala chai. But there's nothing slow about the Venice, California-based company's growth: track to bring in \$60 million in 2021.

ON THE COVER
 Michael Dubin photographed by Ramona Rosales in Culture

70
Inc. Best Workplaces
 The company the most to support employees through a turbulent year. Best Benefits

73
Part of the Family
 JB Warranties pulled the stops to help employees feel at home at its new HQ—swimming pond included.

75
Cultivating Talent
 Professional practice lender Bankers Healthcare Group created a cohesive culture by focusing on individual growth.

76
Growth Mindset
 At wellness-oriented software company Greenlight Guru, success starts with sleep.

77
Leading With Values
 How the founder of recruitment firm Central Point Partners built a company that's diverse, family-first, remote-friendly—and fast-growing.

79
WFH in Style
 Forget standing desks—data startup Flatfile will foot the bill for a home office.

MEET SHANE

Shane Heath, founder of the ultra successful start up MUD/WTR, attributes his company's rapid growth and consistent performance to microdosing. His company's revenue went from \$16 million in 2020 to \$60 million 2021 and he says microdosing is a key player in his leadership style and company culture. Noting how unhappy the workforce is in the United States, Shane even encourages his employees to microdose at work.

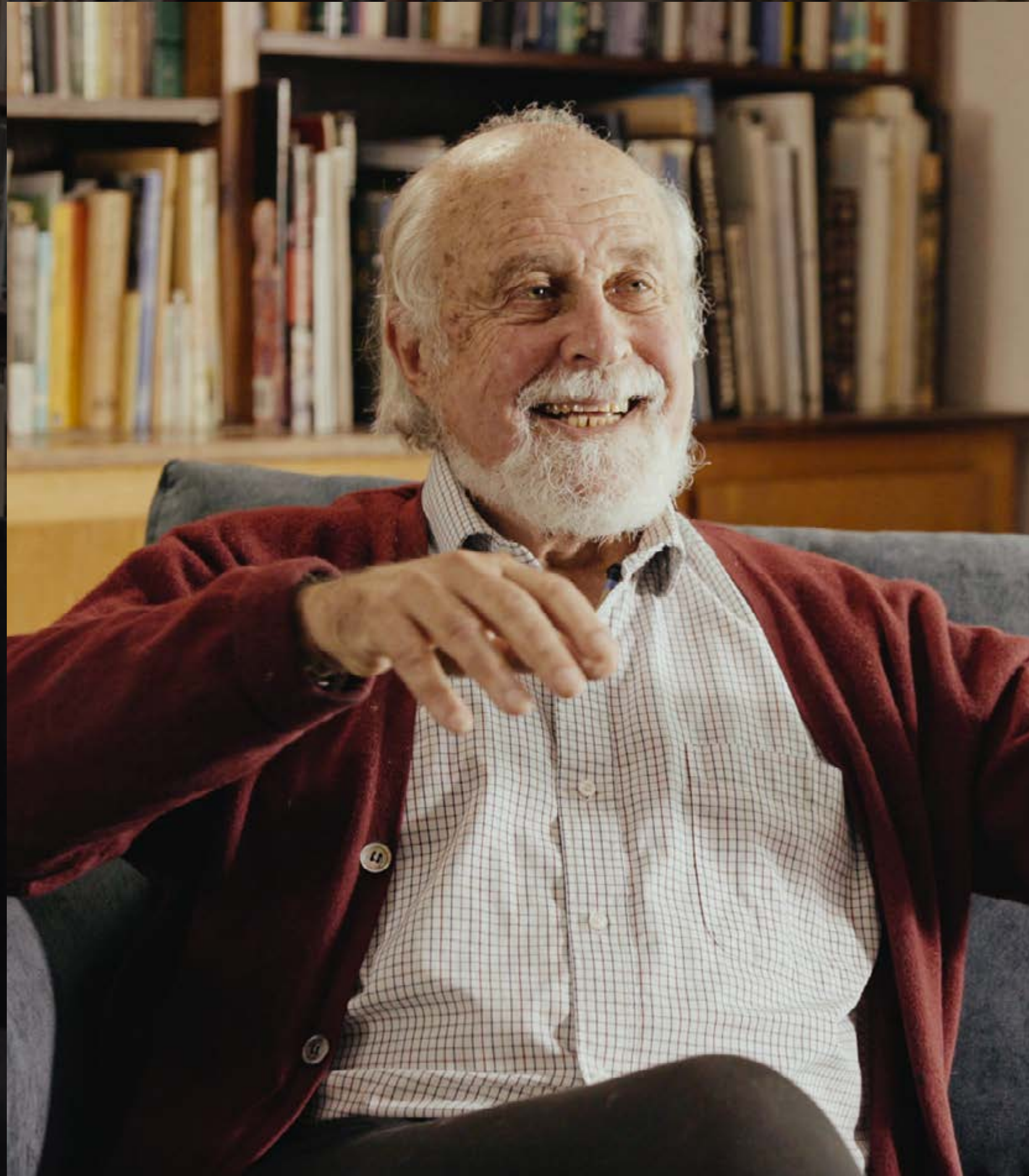
Inc. Best Workplaces
 2021

THE GOOD

thriving by putting their employees first—wherever they are.

PLACES

A year ago, business leaders at companies big and small were grappling with the same question: "When will we return to the office?" Though some founders have welcomed their workers back to headquarters, many still don't know when their offices will reopen. Others are facing even tougher questions about the future of their workplaces, such as "Will there be an office to return to?" Forunately for entrepreneurs, one of the lessons of the Covid-19 crisis is that you don't need a physical office to make your company a great place to work. What you do need are policies that support your employees and keep them engaged. Inc.'s 2021 Best Workplaces list celebrates the businesses that deliver on that promise—all 429 of them. For the fifth consecutive year, we worked with Quantum Workplace to identify the nation's Best Workplaces as measured by employee engagement. A record number of companies applied—more than 3,000—while the number of employees who completed a 43-question survey also reached a new high: 422,000. Among the insights we gleaned from them: After a year dominated by headlines of social injustice, 92 percent of participants agreed or strongly agreed with the statement "Diversity here is treated fairly regardless of race, gender, age, ethnicity, or other differences." In the fall, we adapted their workplaces to compare our first-ever Best Workplaces list to build a...



MEET

DR. JAMES FADIMAN

Dr. James Fadiman is the biggest personality in Psychedelics that you've never heard of and for good reason... After all, the work he does is still considered illegal.

For the last 60 years Dr. Fadiman has been the only Scientist in the world to study microdosing of Psychedelics, and he's managed to do it all under the radar. For the first time since the 1960's when he was legally able to study Psychedelics, Dr. Fadiman, who is regarded as America's wisest and most respected authority on Psychedelics, is emerging from the shadows to share his story and how his work has changed the course of history. His avante garde approach to Psychedelics and their potential makes him the Pharmaceutical industries public enemy number 1 or friend they can't keep close enough.

But Psychedelics aren't the only fascinating thing about Dr. Fadiman. For the last 50 plus years he has been in an open marriage with Dorothy Fadiman and at the ripe age of 82 they are still going strong.

Weaving together Dr. Fadiman's scientific breakthroughs and underground research, mirrored by his unique open marriage, we explore the world of microdosing and psychedelics from an intimate and surprising perspective.





MICRODOSE FOLLOWS THE LIVES OF MILLENNIALS, LGBTQ FOLKS AND FAMILIES AS THEY USE THESE PSYCHEDELICS TO HEAL AND TRANSFORM THEIR LIVES.



MICRODOSING BOOM

Microdosing began to gain steam in Silicon Valley coder circles, thanks in part to the preachings of Psychedelic researcher James Fadiman. The appeal of a drug regimen that allows for hours of uninterrupted focus and concentration was not lost on this crowd.

The rise in anxiety, depression, and loneliness, fueled by the COVID-19 Pandemic, and our on-going culture of “productivity” which has caused suicide rates to soar, has also done something else... Over the past year researchers found that LSD use has increased by 56 percent especially amongst users with college degrees and people aged 26 to 49.

Recent reports show that millennials are drinking less and less interested in drugs like cocaine. But in a strange turn of events, they’ve taken up Microdosing Psychedelics in the way someone else might pop an Adderall. The most common self-reported benefits include improved mood, better eating and sleeping habits, and less of a need for caffeine. And, really, what could be more millennial than rebranding some of the most potent drugs out there as illegal vitamins that combine the feel-good-ness of self-care with the possibility of gaining a competitive edge on colleagues?

WHY NOW

DIRECTOR'S STATEMENT

It was a typical Sunday evening when I received a distressed call from my brother that would change my life forever. He wanted to kill himself. My brother was the quintessential American Hero - a star athlete, an Army Helicopter Pilot who flew in the most dangerous combat regions in Afghanistan and was currently in Wharton Business School. They say "In war there are no unwounded soldiers" and now with my brother's life on the line, I knew that to be true. Desperate to help my brother, I discovered the research from Dr. James Fadiman and John Hopkins University which showed that Psychedelics wouldn't just help PTSD, but it was the only known cure for PTSD. Illegal? Yes. But did it work? Only if you were willing to find out for yourself...

As a documentary filmmaker I have always been most interested in stories that transcend the cultural narrative and offer new perspectives on outdated and forbidden subject matters. The reemergence and research surrounding the controversial terrain of Psychedelics shattered my understanding of healing, caused divisiveness with our current medical model, and offered a fascinating look into the lives of people you'd least expect to find in this underground world.

Far from hippie, we've intentionally chosen a diverse cast of characters whose absolute last resort to healing was microdosing. In doing so we've created a film that speaks to an audience

who have little to no understanding of Psychedelics or like most Americans, a conflicted one.

Since we are focusing on microdosing which elicits a subperceptual effect and not macrodosing psychedelics the visual imagery is not drastically distorted, multi-colored or hyper-enhanced, instead we convey the energy of psychedelics through cinematic imagery and a character driven narrative. Utilizing verité footage, we are able to oscillate between the characters real-time life transformations and sit down interviews with experts, scientists, doctors and personally self recorded footage.

On the surface, we dive into the mysterious world of psychedelics and those using it for healing and transformation, but what binds these characters together is their desire for a better life, free from anxiety, depression, and drudgery of modern life... A life I wanted for my brother, and even discovered I wanted for myself.

Nicole Pritchett



Nicole (Nikita) Pritchett
DIRECTOR

Nikita is an activist and award winning filmmaker with an emphasis on documentaries. Her first feature documentary, I AM (2010) won the Audience Award for Best Documentary and was featured on the OPRAH Winfrey Show. Nicole is also known for her work on the award winning documentary, HAPPY that takes us on a journey from the swamps of Louisiana to the slums of Kolkata in search of what really makes people happy. For five years, Nicole co-headed Shady Acres Entertainment led by Comedy Director Tom Shadyac best known for Bruce Almighty, Ace Ventura, Liar Liar, Nutty Professor, etc.

She co-produced Magic City Hustle, which premiered at the Miami Film Festival (2019) winning the Knights Foundation Award, and worked on #537 Votes, a political heist documentary which premiered on HBO in October 2020. She was the story producer for the A&E doc, SAVAGE (2021) and the original Netflix series, Cocaine Cowboys (August 2021).

She is currently producing the sequel for the Netflix hit film Dawgfight (no animals are fighting), as well directing a feature film series. When she isn't making films you can find her practicing martial arts and acting as a Guardian Ad Litem for children in the Foster Care System.

Maria is a native of Argentina, raised in the diverse city of Miami and currently producing content for All3Media America, Spotify, Saban Films and National Geographic in Los Angeles to name a few.

In 2012, Fernandez began her career in media consulting for Television networks on social and digital media strategy for their intellectual property and branded content. During that time, Fernandez produced an array of different shows ranging from reality and documentary to scripted series for Telemundo, Univision, NBC, Discovery and others. In 2015, her passion for music led her to begin a project which eventually turned into shifting her focus from digital content strategy to developing IP and producing content beyond digital. From there, Fernandez went on to produce her first scripted feature film entitled VANDAL. Inspired by true stories, VANDAL stars a predominantly LatinX cast of established Hollywood stars. Since living in LA, Fernandez has been dedicated to working with creatives and executives to develop, create and execute film, digital, podcast and television projects independent of form or platform.

Fernandez has extensive experience crafting content for Latin American and US Hispanic audiences and understands the cultural and emotional differences amongst the subcultures. Her passion is to bring stories to life that transcend culture, race and gender and as a result evoke emotion and inspiration to audiences.



Maria B. Fernandez
PRODUCER



Lucas Gath
CINEMATOGRAPHER

Lucas Gath is a cinematographer from Buenos Aires, Argentina. His work has taken him to more than 80 countries shooting feature films, documentaries, TV series, and commercials and working with Spike Jonze, Luca Guadagnino, Lucy Walker, and Issa Rae among others.

His recent projects have been at the Sundance film festival, SXSW, Cannes, NYT, HBO, BBC, and Netflix. His work behind the camera has resulted in an extensive and diverse reel, which has yielded 14 domestic and international awards, two Emmy nomination, and a Goya Nomination.

[CLICK HERE TO SEE SOME OF LUCAS' WORK](#)

PEOPLE WE'VE INTERVIEWED

Dr. James Fadiman
EXPERT AND AUTHOR, PSYCHEDELICS EXPLORER GUIDE

Dorothy Fadiman
WIFE OF DR. FADIMAN & FILMMAKER

Dani
EMOTIONAL FILM SUBJECT

Melissa
EMOTIONAL FILM SUBJECT

Colin
EMOTIONAL FILM SUBJECT

Matthew Johnson
LEAD PSYCHEDELIC RESEARCHER AT JOHN HOPKINS

Dr. Dan Engle
PSYCHEDELIC EXPERT

Dr. David Nutt
PSYCHEDELIC EXPERT

Jamie Wheal
NY TIMES BEST SELLING AUTHOR, STEALING FIRE

Paul Austin
MICRODOSE COACH

Charles Eisenstein
AUTHOR, THOUGHT LEADER

Aubrey Marcus
NY TIMES BEST SELLING AUTHOR

K'Uychi Florez
PERUVIAN SHAMAN

Klee Irwin
ALTERNATIVE MEDICINE EXPERT

Hanifa Nayo Washington
CULTURAL COMMUNITY ORGANIZER

Lynn Marie Morski
DOCTOR & EXPERT

Dr. Joseph Tucker
SCIENTIST

Dr. Suran Goonatilake
OBE

AND MANY MORE...

THANK YOU FOR YOUR CONSIDERATION
We are still in production and actively seeking partners
to complete the film

CLICK THE BELOW LINK TO WATCH OUR TEASER

[TEASER](#)

MICRODOSE

FEATURE DOCUMENTARY

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